

A way out of addiction Instant admission

Our two locations



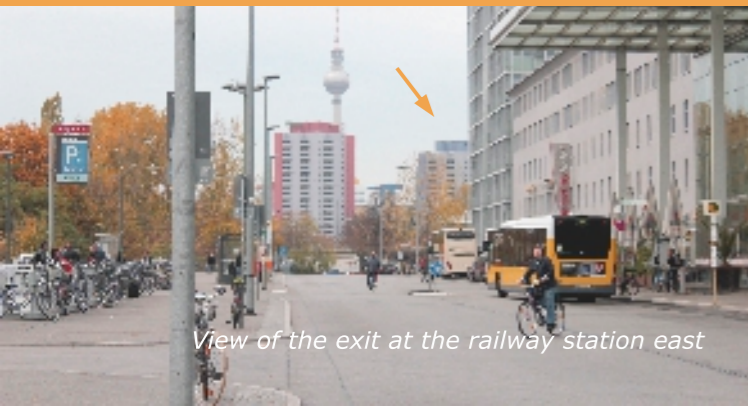
Entrance | Reception

STIFTUNG SYNANON
Foundation Headquarters Admission Office
Dorfstraße 9 | 13051 Berlin-Lichtenberg,
municipality of Malchow



Street view of the Malchow farmhouse

Foundation Admission and Information Office
STIFTUNG SYNANON
Lichtenberger Straße 41 | 10243 Berlin-Friedrichshain



View of the exit at the railway station east



Carpenter's shop |
Yard workshop

*Therapeutic
non-profit enterprises*

Work under real conditions

Internships to gain social and occupational skills and abilities | Training and continued education | Employment | Driver's license/physical and mental status examination



Gardening team

Non-profit enterprises Movers | Cleaning | Landscaping and gardening | Waste disposal/clearing out | Assisting construction work | Janitorial services | Facility management | Paint shop | Carpenter's shop | Laundry | Horse riding school

Trained professions Office clerk | Office communications specialist | Insurance agent and financial consultant | Real estate agent | Financial accountant | Specialist for furniture, kitchen and moving services | Painter and decorator | Gardener | Stablehand/Horse groom | Building cleaner | Carpenter | Mason | Construction foreman

Recreation

planned sensibly
and experienced
together

Sports Soccer | Volleyball | Jogging | Bowling | Swimming | Bicycling | Roller blading | Fitness | Billiard | Chess | Sauna
Culture Theatre | Museums | Concerts | Exhibitions
Creativity Music-making | Pottery
Miscellaneous Computer courses etc. | Day trips to the vicinity and the Synanon cottage near the Baltic Sea

Recreational time is planned sensibly with lots of shared activities. The diverse activities and offers help all residents (re)discover their interests and talents and reaffirm their attitude towards a sober life at the same time.

Discussion of perspectives

Aftercare



Assistance on the path into the future

Comprehensive offer after the training in practical life skills is completed successfully; also for people from other therapeutic institutions.

Takeover into employment with social security benefits in one of the non-profit enterprises owned by the foundation | Jump start | Getting out of debt | Finding a place to live | Attendance to go to self-help groups in the new residential area.

Employment | Jump start | Getting out of debt | Open meeting

Synanon

LEBEN OHNE DROGEN

030 55 0000

www.synanon.de



since 1971

Instant admission

Day & night – help for addicts

STIFTUNG SYNANON | Dorfstraße 9 | 13051 Berlin



Readiness for admission

Instant admission

Day & night – help for addicts

- › Fast and without red tape, confirmation of cost assumption not required. Everyone can come and stay for as long as they like; also women and families with children.
- › You will undergo cold withdrawal, meaning without supporting medications right here with us. Don't be afraid, we are always at your side.
- › Addicts using substitute drugs in a programme under doctor's supervision can reduce their dosages at our institution with the help of a physician.
- › Therapy instead of punishment in accordance with Sec. 35 seqq. BtMG (German Narcotics Act)
- › Help and assistance in civil and criminal legal matters.



Residents Room



In the park on Manor Malchow

About us

Synanon is a self-help community against addiction that was founded in 1971 by people affected for people affected. It is our conviction that every narcotics addict has the ability to lead a drug-free life again if provided with the right setting for this.



Celebrations: Clean birthday

Community

Help for self-help

Learning to live without drugs. The honest wish for a life without narcotics ties together.

Rules



Synanon – Resort

Basis of the community

1. No drugs, no alcohol, no mind-altering medicines
2. No violence or threats of violence
3. No tobacco, we do not smoke



Debt Advice

Learning to live

Self-determination and without narcotics

Offers and perspectives

Synanon training in practical life skills – personalised and adjusted to needs

Daily confrontation with the issue of addiction and sobriety in everyday situations and group meetings is to help the development of modes of behaviour that permit a permanently sober life outside of Synanon.



Team-Meeting

Talks

Confrontation with the issue
Addiction and sobriety

Synanon group meetings, lunch seminars, coffee break discussions and team meetings take place each day at fixed times and primarily help coping with everyday life.

All residents can talk about themselves and their questions and problems, approach other Synanon residents, or they can themselves be approached.

Synanon residents can additionally use the help of physicians and psychologists of their trust as well as contacts with other addiction self-help groups.

» At Synanon I do not have to pretend anything to anyone but simply need to be honest. «

Health check | Stabilisation of the health status | Dental restoration | HCV/HIV treatment | Employment | Training and continued education | Recreational activities | Getting out of debt | Driver's license/physical and mental status examination | Assistance in civil and criminal legal matters and aftercare are decisive stops along the way to rehabilitation and resocialisation.